

The Spin



Colorado Safe Routes to School State Network

Volume 4, Issue 6

Cruisin' With CDOT

Celebrating 10 Years of Safe Routes To School

August 2015 marks the 10-year anniversary of the Safe Routes to School program, marking the date when federal legislation first provided funding for programs in all 50 states and Washington DC. Colorado has distributed over \$18 million to 191 projects over those past 10 years to schools, school districts, and communities across the state.

As we celebrate the 10th anniversary, we want to hear from you about the changes your community has experienced over the past decade. Can you identify a pivotal moment that strengthened your city's, school's, or school district's commitment to walking, bicycling and healthy community design? How are things different for a child entering school in your community today compared to 10 years ago? [Share your stories and reflections with us here](#). Be sure to include your name, email, school(s) and community, along with your story.

It's Official: SRTS Increases Walking And Biking

Leslie Feuerborn, CDOT's Colorado SRTS program manager, presented at the recent Healthy School Leadership Retreat in Vail along with Jenna Berman, education director with Bicycle Colorado and Will Kerns with Open Plan Consultants. Topics included successes and trends in the SRTS movement in Colorado, and

In This Issue

Cruisin' With CDOT

Celebrating 10 Years of Safe Routes To School

It's Official: SRTS Increases Walking And Biking

The Spin Archive Issues

Stories from Schools

Fire Up Your Feet Colorado Winners

Buena Vista School Wins Bike to School Day Prize

National Crosswalk

SRTS National Partnership Highlights

The Latest From Capitol Hill

Pedaling Programs and Funding Feet

US 36 Bikeway

Save The Date: Northern Colorado Bike & Walk Conference

Tylenol Future Care Scholarship

Technical Assistance Grants From Global Green

Training Wheels and Webinars

Designing Places for People

Understanding the Socio-Psychological Factors Affecting Active Travel to School

When Safe Routes to School Meets Violence Prevention

ideas for how to get more kids biking and walking to school—including:

- Implement walking school buses
- Work with town and local NGO's to increase funding for trail building like single-track sidewalks
- Talk to the parents about walking and biking groups in the community
- Advocate for districts to incorporate active transportation/Safe Routes to School into their wellness policies
- Host Walk/Bike to School Day in the fall
- Host a map-storming session to identify routes and needed routes

New publication from the
National Highway Traffic
Safety Administration

New Research on Bike
Helmet Use

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Looking For Past Issues Of The Spin?

All previous issues can be found on the CDOT website

at <https://codot.gov/programs/bikeped/safe-routes/e-bulletins>.

Stories from Schools

Fire Up Your Feet Colorado Winners

Congratulations to the Colorado Fire Up Your Feet Spring 2015 Activity Challenge winners:

- 1st Place: Manitou Springs Middle School, Manitou Springs
- 2nd Place: Peiffer Elementary School, Littleton
- 3rd Place: Lincoln School of Science & Technology, Canon City
- 3rd Place: Van Buren Elementary School, Loveland
- 3rd Place: Washington Elementary School, Canon City
- Runner Up: Frontier Valley Elementary School, Parker

At Manitou Springs Middle School, the Fire Up Your Feet activity tracker was the big attraction. The school won multiple awards totaling \$2,300. Visit [Colorado Fire Up Your Feet](#) to learn more about how schools can get involved. Fire Up Your Feet's Fall Challenge runs October 1 – October 31, 2015.

Avery Parson Elementary School (Buena Vista) Wins Bike to School Day Prize

For the second year in a row, the National Center for Safe Routes to School, in partnership with [Schwinn's Helmets on Heads program](#), gave away 10 Schwinn bicycles and 20 Schwinn helmets to 10 lucky schools or student-focused community organizations that registered in their Bike to School Day event. Congratulations to Colorado winner— Avery Parsons Elementary School in Buena Vista, CO.



National Crosswalk

SRTS National Partnership Highlights

Five years ago, the National Partnership released a strategic plan after an extensive process to garner input from the field, champions, staff and partners. This summer they are gearing up to start this process again, and they want to hear from you! What challenges and opportunities do you see in our work to increase biking and walking for transportation? What would you like the National Partnership to do in the future to help? Send your comments to cass@saferoutespartnership.org

The Latest From Capitol Hill

Congress has voted to extend current transportation law--this time only until July 2015. Less than two months from now we could face a make-or-break moment--can Congress actually do a long-term bill with a funding solution or will they extend current law again? Members of Congress continue to debate, and some critics point to the tiny amount of bicycle and pedestrian spending as one of the reasons for our transportation funding shortfall. Learn more and take action to counter critics in the SRTS National Partnership's [latest federal policy blog](#).

Walk To School Day Registration Open

Registration is now open for the 19th annual [Walk to School Day](#) on October 7th, 2015 and two Colorado schools have already registered. This annual national event is part of an international effort to celebrate the many benefits of walking and bicycling to school.

Event registration reached a record high in 2014 with more than 4,700 registered U.S. events and 165 Colorado events and we hope to see participation rise again in 2015. [Registration](#) is free, and provides organizers with free materials and resources.



Pedaling Programs and Funding Feet

US 36 Bikeway

The US 36 Bikeway Phase 1 will be opening with a grand opening celebration on Bike to Work Day, June 24th. If you live, work, or go to school along US 36 check out the new bikeway. Several schools have district boundaries that span the highway. [Check out](#) whether the bikeway will help your kids walk and bike more safely to and from school.

Save The Date! Northern Colorado Bike & Walk Conference

Thursday, November 5th at the University of Northern Colorado. Hosted by the NOCO Bike and Pedestrian Collaborative. For more information, contact Josh Johnson, [970.416.2293](tel:970.416.2293) or jjohnson@nfrmpo.org

Technical Assistance Grants From Global Green

Deadline: July 17, 2015, at midnight PST.

Does your community want greener, more equitable, and more vibrant neighborhoods? Global Green is now accepting applications for no-cost technical assistance that can help communities achieve these goals. Eligible applicants are local and tribal governments. For more information and the application form, visit: <http://www.globalgreen.org/press/gxocudahx8g29noqxp3knsalyr3hlc>.

Training Wheels and Webinars

Designing Places for People

Tuesday, June 23, 12:00-1:00

Presented by America Walks

Register here: <https://attendee.gotowebinar.com/register/185670497342438913>

Understanding the Socio-Psychological Factors Affecting Active Travel to School

Tuesday, June 23, 2015, 11:00 - 12:00

Presented by NITC (National Institute for Transportation and Communities)

Register here: <https://attendee.gotowebinar.com/register/5076421362461652225>

When Safe Routes to School Meets Violence Prevention

Thursday, June 25, 11:00-12:00

Presented by SRTS National Partnership

Register here: <https://attendee.gotowebinar.com/register/81207260681058196499>

New publication from the National Highway Traffic Safety Administration (NHTSA)

The following pieces were recently posted to the NHTSA bike site:

- [Kids and Bicycle Safety \(Spanish\)](#)
- [Kids and Bicycle Safety \(English\)](#)

These are pieces to help us teach walking and biking safety as stepping stones to safe driving. Simple versions for parents referencing crashes associated with young children, see:

- [Prevent Pedestrian Crashes: Parents and Caregivers of Elementary School Children](#)
- [Prevent Bicycle Crashes: Parents and Caregivers](#)
- [Tips for Pre-Teens and Teens- Preventing Bike Crashes](#)
- [Tips for Pre-Teens and Teens – Preventing Pedestrian Crashes](#)

New Research on Bike Helmet Use

Inequalities In The Use Of Helmets By Race And Payer Status Among Pediatric Cyclists.

Journal Article Source: pubmed (<http://www.ncbi.nlm.nih.gov/pubmed/26044110>)

Despite nationwide campaigns to increase the use of helmets among young cyclists, many children continue to be injured while riding without a helmet. To determine where programs and policies intended to promote helmet use should be directed, a large national dataset was surveyed to identify variables associated with helmet use.

*The purpose of the **Colorado Safe Routes to School State Network** is to facilitate two-way information sharing and connecting among communities and organizations in order to lift up what is working, identify new opportunities and galvanize support for policy and culture change that will increase the number of students walking and biking safely to and from school in every Colorado community.*

[LiveWell Colorado](#) serves as the lead facilitator for the Network. Other members of the Network's steering committee include: [Action for Healthy Kids](#), [Bicycle Colorado](#), [Colorado Department of Transportation \(CDOT\)](#), [Children's Hospital Colorado](#), [Kaiser Permanente](#), [Safe Routes to School National Partnership](#), and subject matter experts.

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